

PROTECTION STARTS HERE!

MEASLES GUIDANCE FOR YOUR FAMILY

UNDERSTANDING MEASLES

WHAT IS MEASLES?

- Measles is a highly contagious virus that spreads through tiny droplets in the air when someone talks, coughs, or sneezes
- Symptoms may include high fever, cough, runny nose, red/watery eyes, and a rash
- Measles can be transmitted 4 days before to 4 days after rash onset

PROTECTION AND PREVENTION

YOU ARE PROTECTED IF YOU:

- Have had two doses of the MMR vaccine
- Have evidence of immunity or confirmation of disease
- Were born before 1957

HOW TO PROVIDE EVIDENCE OF PROTECTION:

- Vaccine record
- Laboratory report

HOW TO FIND YOUR RECORD/REPORT:

- Medical provider
- High school or college records
- International records
- Military records

HOW TO GET TESTED OR VACCINATED:

- Walk-ins welcome — no appointment needed

Please bring your ID and insurance card (if applicable)

For questions, call the Health Department at (704) 479-5030.



HEALTH DEPARTMENT



(704) 479-5030



200 Gamble Drive
Lincolnton, NC 28092



Monday – Friday
7:15 am - 4:30 pm
*Hours may vary on holiday and
staff training weeks*